

A Course for Parents Experiencing Conflict after Separation

Keeping Kids In Mind



Penrith

Parents love their children and want the best for them. However, after separation, parenting often gets much tougher.

Keeping Kids in Mind is a 5 week course for separated parents who are experiencing on-going conflict.

The course covers topics such as:

- Grief and Loss after Separation
- The Hidden World of Children
- Rebuilding Resilience
- Bridging the Gap
- Looking Back, Moving Forward

Venue:

CatholicCare group room
Rear of 326 High Street
Penrith 2750 NSW

Fee:

\$100 includes handbook
Concession available on request

Term 2 2019

Mornings: Over 5 Thursdays

Date: 16th May to 13th June 2019

Time: 10.00 am to 12.30 pm

Bookings Essential: 02 8843 2530

All participants must register their interest in attending the course and participate in a pre-group interview prior to the course.

Keeping Kids in Mind is facilitated by qualified and experienced educators and counsellors

Certificate of attendance is issued on completion of the course.

