

Aboriginal Catholic Services

PART OF CATHOLICCARE SOCIAL SERVICES

WELLBEING & PROBLEM GAMBLING ADDICTIONS GROUP

This is an open group for both men and women.

- Share information and stories about how addictions can impact our lives particularly problem gambling.
- Make something - art, woodwork, or scarves (Everything is supplied)
- Learn how to relax and support each other
- Discover new ways to manage your addictions

When: Every Monday

Time: 10:30 am Meditation / 11 am - 1 pm

Where: ACS Emerton - 254 Luxford Rd, Emerton

Cost: FREE - Lunch and materials supplied

Any Questions? Call Bernie on 0473 331 077 or email bernard.hoffman@ccss.org.au

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