

A Course for Parents Experiencing Conflict after Separation

Keeping Kids In Mind



Parramatta

Workshops will be conducted under COVID-19 Govt Guidelines including distancing of 1.5m and hand sanitizing throughout workshops.

Parents love their children and want the best for them. However, after separation, parenting often gets much tougher.

Keeping Kids in Mind is a 5 week course for separated parents who are experiencing on-going conflict.

The course covers topics such as:

- Grief and Loss after Separation
- The Hidden World of Children
- Rebuilding Resilience
- Bridging the Gap
- Looking Back, Moving Forward

Venue:

**Level 1, 10 Victoria Rd
Parramatta NSW 2150
Free Parking at Villiers Street from 6pm
onwards**

Fee:

\$120 includes handbook

Term 1 2021

Evening: Over 5 Mondays

Date: 25 January to 22 February 2021

Time: 6:00pm to 8.30pm

Bookings Essential: 02 8843 2500

All participants must register early their interest in attending the course and participate in a pre-group interview prior to the course. Spaces are limited due to Covid-19 safety restrictions.

Keeping Kids in Mind is facilitated by qualified and experienced educators and counsellors

Certificate of attendance is issued on completion of the course.

